



Agassiz Village

Today's Youth, Tomorrow's Leaders

Camper & Parent Handbook Day Camp 2009

Agassiz Village Office
For admin, forms, tuition, etc.
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Malden Catholic High School
Camp and program location
99 Crystal Street
Malden, MA 02148
Mass Director cell (summers only):
617-461-1063

www.agassizvillage.org

This handbook provides you with information about Agassiz Village, from packing needs, to transportation, medication, mail, etc. Please use it as a reference guide up to and throughout your child's session. If you have further questions, please contact the office or visit our website at www.agassizvillage.org. We encourage you to visit this site often, as photos from this summer, and previous years, will be posted and updated on a regular basis. You can also join on as a "Villager" to receive current newsletters on upcoming events and camp announcements. The staff look forward to seeing you soon!

What is contained in this Camper & Parent Handbook for Day Camp:

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DROP OFF & PICK UP PROCEDURES FOR SPORTS CAMPS:

Most weeks run 8am-12pm ONLY; Golf 12-4pm: Hockey see more below

Please be sure to review your site's pick up and drop off procedures carefully, for the safety and care of all of our campers.

8:00-8:15am Daily: Campers can be dropped off by parents in the morning at the Malden Catholic field at this time. Staff will be at morning registration table to check camper in. If child arrives after 8:15am, parent will need to bring child to Sports Camp Director to formally check in. If parent knows ahead of time that their child will be late (due to dr.'s appt, summer school, etc.), please inform the Sports Camp Director as soon as possible.

Campers will be on Malden Catholic school property until the end of the session at 12:00pm, unless otherwise noted below or announced at camp. Parents will pick up campers at this time.

If child needs to leave earlier than 12:00pm, child must be signed out by Sports Camp Director. Only adults approved by parent may be able to pick up a camper. If parent expects to pick up child before 12:00pm, please inform Camp Director as soon as possible, to arrange pick up at other location if necessary. All Sports Camp (with the exception of Golf, Ice Hockey, Swimming) end at Malden Catholic programs end at 12:00pm. Be sure to arrange pick up for your child at that time.

If parents are late due to emergency, please carry our contact numbers with you to let our staff know of the situation. Otherwise, late fees may apply if child is not picked up by 12:00pm. (Emergency cell phone of Allan Gillis, Massachusetts Camp Director, is 617-461-1063.)

- **FOR GOLF WEEK: Drop off is still at Malden Catholic at 12:00pm; campers will be transported to various sites for golf lessons. Campers will return by 4:00pm.**
- **FOR ICE HOCKEY WEEK: Parents MUST drop off camper at Valley Forum at appropriate time for your age group** Midgets, Bantams, Peewees hockey camp runs 8:00-9:30am Monday-Friday; for Mites, Squirts, Peewees**, hockey camp runs 9:30-11:00am Monday-Friday. (**Peewees can choose the appropriate group, based on their age, size, ability.)

DIRECTION AND INFORMATION ON PICK-UP/ DROP OFF SITES AND CAMP LOCATIONS

Directions to Malden Catholic High School

99 Crystal Street Malden, MA 02148 781-322-3098 www.maldencatholic.org

From the North & South:

Take 93 to Rt. 28/ Fellsway West; Stay on Rt. 28/ Fellsway West and Turn onto MA-60, follow for 2.3 miles. Turn right onto Maplewood St.

Directions to Valley Forum

50 Holden Street Malden, MA 02148 (781) 321-9554

From North & South:

Take 93 to Exit 33, Rte 28 Fellsway West; Take a left at Rte 60/Salem Street; Left at Holden

Sports Camps at Malden Catholic High School

DAILY SCHEDULE

For boys and girls ages 9-15 (see boys only sessions noted below), Sports Camps focus on the following:

- Emphasize teamwork and sportsmanship
- Improve self-confidence
- Develop skills and knowledge of specific sports
- Led by experienced coaching staff of Malden Catholic & professional youth development staff
- Baseball Camp (for 2009, July 13-17) is a boys only program

Below is a typical schedule of the sports programs. **ALL PROGRAMS ARE HALF DAY UNLESS NOTED BELOW.** Most run 8am-12pm, with the exception of golf, hockey, and swimming*. There is an option for a full day program, with Agassiz Village providing transportation and staff supervision to our Day Camp program at the DCR camp called Camp Nihan in Saugus. Campers who participate in this program will be transported back to Malden Catholic by 4:00pm for parent pick up. **CAMPERS NEED TO BRING THEIR OWN LUNCH IF IN FULL DAY.**

Sports Camps at Malden Catholic Schedule*

8:00-8:15 am

Check in

8:15-12:00pm

Warm-up sport activities, games, drills led by MC Coaches

***Golf Camp runs 12:00-4:00pm**, due to golf course availability, with drop off at Malden Catholic

***Hockey Camp runs in the morning**, see your age group time below. These two camps run the same week (Hockey in the a.m., golf in the p.m.), so you have the option to participate in both, and AV will provide supervision, transportation, and activities between programs.

*Swim Camp runs late afternoons, based on pool availability.

For those choosing the Full Day program:

12:00pm

Transportation with AV Staff to Camp Nihan

12:30pm

Lunch

1:00-3:00pm

Afternoon outdoor activities, such as swimming, hiking, sports, recreational games, craft projects, environmental awareness, canoeing, fishing, and more

3:30pm

Return to Malden Catholic

4:00pm

Pick-up time

There are three Sports Camps that are held offsite:

- **Golf** camp takes full advantage of several sites in the area to best practice this sport. Sports campers meet each morning at Malden Catholic, and in addition to MC facilities, the group will also use Camp Nihan in Saugus, Cedar Glen Golf Course, and Mt. Hood Golf Course. Agassiz Village will provide and supervise all transportation. This camp meets at 12:00noon at Malden Catholic. Campers will return to MC by 4:00pm each day.
- **Ice Hockey** is held at Valley Forum in Malden this year. **Parents are asked to drop-off and pick-up** children directly at this site, at the appropriate time for your program. **Midgets, Bantams, Peewees** run 8:00-9:30am Monday-Friday; Mites, Squirts, Peewees** run 9:30-11:00am Monday-Friday.** (**Peewees can choose the appropriate group, based on their age, size, ability.) Both sessions are led by Coach Serino.
- **Swimteam** will be held this year; more info available in June.

If you or your child have any concerns or questions in regards to schedule, specific activities, dietary needs, or program expectations, please see the camp staff as soon as possible.

PACKING FOR SPORTS CAMP

For Sports Camps, participants should wear appropriate play/ workout clothes. Sneakers or appropriate sports footwear are required. Please note below for specific needs for golf, lacrosse, hockey, and baseball.

- **A water bottle with the players name on it is required.** There will be water available on the fields and in the gym at all times. Players can bring a change of clothes in a gym bag and can bring a private lock.
- **All participants of SPORTS CAMPS should bring the following:**
 - _____ Backpack to carry belongings
 - _____ Water bottle with your child's name on it
 - _____ Sunblock (SPF 30 or higher)
 - _____ Hat for sun protection
 - _____ Sneakers or appropriate footwear
 - _____ Change of clothes if appropriate

NOTE: Sandals and flipflops are not allowed for ANY of our sports programs, as our campers are active throughout the day. Sneakers are the best way to prevent foot and toe injuries. Please leave valuables, electronic devices (cell phones, videogames, Ipods, etc.) and other unnecessary or inappropriate items at home.

In addition to above items, the following sports recommend additional gear:

- **Lacrosse-** Players should bring helmet, stick, gloves, and arm pads. Contact us if this equipment is not available to you; we will have limited equipment on hand.
- **Golf-** Players should wear appropriate golf wear: collared shirts; no cut-off shorts or jeans. Sneakers or soft spike golf shoes are required as well. Metal spikes are not allowed. Bring golf clubs if you have a set available for use- this is not a requirement, but please contact us if you do not have clubs so that we will ensure we have enough equipment for all.
- **Ice Hockey-** Players should wear full hockey gear, including helmet, and bring 1-2 sticks.
- **Baseball-** Sneakers or baseball cleats are required as well. Bring your baseball glove.
- **Tennis-** Bring your own racket if you have one that you are comfortable with. We will have limited rackets available, so please let us know if you need to use one so we can ensure enough equipment.
- **Full Day program at Camp Nihan in Saugus:** If your child will be attending full day program (half day sports camp, half day recreational and outdoor day camp), we recommend these items are also packed for the day:
 - _____ LUNCH, snacks- ALL CAMPERS BRING THEIR OWN LUNCH
 - _____ Backpack to carry belongings
 - _____ Bathing suit and towel

Health & Medication at Camp

Your child will enjoy the activities at camp most when he or she is taking care of his or her health, which includes drinking plenty of water, eating well, and getting a good night's rest. A current physical and a copy of up to date immunizations are needed to ensure that the child's physician

has approved participation in all activities. Be sure to highlight any **FOOD ALLERGIES** or other potential health problems at camp. If you have any concerns about your child's health prior to or during camp, please contact the Camp Director as soon as possible.

We do ask as part of the application for permission from parents to allow for OTC medication if needed at camp (Tylenol, Benadryl, etc.), as well as Permission to Treat in case of an emergency. Our staff will always contact a parent about any health situations; if a parent is unavailable, then we will contact the adults listed as emergency contacts on the child's application. Please keep those contacts current and be sure that you and/or those emergency contacts are available during your child's stay.

For inhalers and epipens: These items must have your child's name and instructions. All meds are kept with Camp Directors and distributed by Camp Directors. The only exception is an asthma inhaler or epipen if the child normally carries it. Please note you have given your permission to your child to carry these items on the application.

Our Camp Directors distribute medication according to its directions. Please review the following guidelines: Do not change the camper's school year routine!

- **Medication must be sent in the original pharmacy bottle with your child's correct name and instructions on the label.** In addition, the bottle and instructions must be placed in a re-sealable plastic bag, with your child's name. Please hand this bag to the Camp Director or at registration or daily drop off. **Do not pack medication in camper's bag!** If the instructions on the original pharmacy bottle are incorrect, you must have your child's doctor send the correct, written instructions, with his, or her, signature. Please pack enough medication for the entirety of the session(s) or day schedule. At the end of the session or day, please pick up your child's med from the appropriate camp staff.
Please keep in mind that we will not be able to provide the first supplement until lunchtime on the child's first day of camp.



Above is information that is important for the camper and family to review for the daily camp routine. Below is more general information about our program. As Agassiz Village celebrates its 74th year, we are proud to continue our commitment in offering traditional and innovative programs that encourage leadership, citizenship, and preparing for the journey ahead. The Agassiz Village ideals of Cooperation, Industry, Health, and Happiness play an important part of daily camp life, whether the program takes place on our beautiful waterfront in Maine, or the outstanding facilities in Massachusetts at Malden Catholic High School and the DCR's Camp Nihan in Saugus. Through a fun-filled and active schedule, we promote healthy interaction and growth among the campers we serve. I encourage each camper to take advantage of all the opportunities that Agassiz Village has to offer: Take from it what you need, give back to it what you can.

Preparing for Camp

One of the best ways for your child and camp to be prepared for this summer's experience is to be sure that Agassiz Village has all the information necessary to support your child in the program he or she will be participating in this summer. All forms, paperwork, physicals and immunization records, and tuition need to be in the registration office at least two weeks prior to your child's arrival at camp.

Keeping this information current is just as important, so if there are any changes in contact information, emergency contacts, your child's medication or health, your child's needs, or other important safety and health info, please advise the office immediately.

Camper Expectations

We urge children and parents to review the following guidelines and rules together, in order to ensure that everyone is fully aware of camp expectations. It is crucial that each camper behave respectfully and put forth his, or her, best effort to participate in camp activities enthusiastically.

Our Sports Programs are for 9-15 year olds, and we expect teens and older campers to already understand positive leadership and behavior. Below is a reminder to them, as well as an introduction to our younger campers on what is expected of them:

- Do your best to have fun and enjoy everything camp has to offer
- Give your all in every activity, event, practice, drill that the staff is leading
- Stay at camp for the entire time enrolled; commit to the entire session and stay on camp property until picked up by parent
- Respect yourself, by taking care of your health, hygiene and personal belongings. Be sure to bring a water bottle to stay hydrated, eat healthy meals throughout the session & get a good night's rest to ensure you are at your best
- Respect the camp staff, by following directions and asking for help when needed. Help others when you can and set a good example for peers and younger campers.
- Respect others, by using polite language, being friendly and keeping hands to yourself. Support cabinmates, teammates, other campers, and visitors.
- Respect other people's property and only use it with permission from the owner. Take good care of your stuff and clean up after yourself.
- Respect the property and environment of Agassiz Village, Malden Catholic and Camp Nihan. Leave the property in better shape than when you arrive.

Parent Expectations

A child's experience at camp is most successful when parents and staff work together to ensure the child has a sense of safety, a sense of belonging, and a sense of value. As a parent:

- Please do what you can to best prepare child for camp, with words of encouragement and support, and be positive about the camp experience.
- Support the camp counselors and coaches in their efforts to create a fun and meaningful camp experience.
- Encourage your child to commit to the entire session.
- Advise the office if any changes occur in child's health prior to session start date.
- Send your child with all the necessary clothing, personal belongings, and health needs that the camp feels are necessary for safety, health and sanitary purposes.
- Respond to all requests for information about my camper and complete all forms in their entirety, as well as update any changes.
- Follow the camp's medication guidelines.
- Be available for the duration of my child's stay at camp should camp staff need to speak with you regarding your child.

One of the most challenging and deflating experiences for a child, staff, and program is when a camper needs to be suspended or sent home from camp. Please let our staff know if there are any concerns or suggestions to help your child be successful in our programs.

The Agassiz Village staff and programs are designed to work best with

- Campers who enjoy/ are interested in an outdoor recreational/ educational/ or sports programs
- Campers who are respectful of him or herself, other children, and staff
- Campers who are motivated to do their best
- Campers who are able to follow directions, and work as a team member
- Campers who are interested in new experiences and meeting new people, and respond positively to these

The Agassiz Village program is not designed or appropriate for:

- Campers who use have a history of aggression, physical, verbal abuse; unsafe and inappropriate behaviors towards self, other children, or adults.
- Campers who are unable to follow directions for the safety of self and others, as well as established rules, guidelines, and schedule.
- Campers who are unable to handle self appropriately in a group setting.
- Campers who have no interest in attending camp, or getting involved in outdoor programs, sports programs, or new experiences.
- Campers who have difficulty controlling their actions, anger, or other emotions.
- Campers who have special needs beyond the scope of our staff's and program's support.

